

# True Bread



**Question: How can we be truly satisfied?**

**Answers from John 6:25-59**

**B** \_\_\_\_\_ committed to real food.

*25 When they found him on the other side of the sea, they said to him, Rabbi, when did you come here? 26 Jesus answered them, Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. 27 Do not labor for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.*

**R** \_\_\_\_\_ what is required.

*28 Then they said to him, What must we do, to be doing the works of God? 29 Jesus answered them, This is the work of God, that you believe in him whom he has sent.*

**E** \_\_\_\_\_ no other sign.

*30 So they said to him, Then what sign do you do, that we may see and believe you? What work do you perform? 31 Our fathers ate the manna in the wilderness; as it is written, He gave them bread from heaven to eat. 32 Jesus then said to them, Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. 33 For the bread of God is he who comes down from heaven and gives life to the world. 34 They said to him, Sir, give us this bread always.*

**A** \_\_\_\_\_ your life around Jesus.

*35 Jesus said to them, I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. 36 But I said to you that you have seen me and yet do not believe... 40 For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day... 47 Truly, truly, I say to you, whoever believes has eternal life.*

**D** \_\_\_\_\_ to have healthy eating habits.

*48 I am the bread of life. 49 Your fathers ate the manna in the wilderness, and they died. 50 This is the bread that comes down from heaven, so that one may eat of it and not die... 53 So Jesus said to them, Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. 54 Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day.*

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