

Message Discussion Questions

True Bread: John 6:25-59

Be committed to real food.

John 6:25-27

- 1) What is the 'perishable food' for which so many people labor in verse 27?
- 2) What does it mean for you personally these days to "labor for food that endures to eternal life?"

Recognize what is required.

John 6:28-29

- 3) According to verse 29, what is the work that God requires of us? What does that mean?
- 4) What are some of the things that people add to this work that God requires? Why do you think we tend to do that?
- 5) Why doesn't God want us to do that?

Expect no other sign.

John 6:30-34

- 6) Why do you think in verse 30 the Jews asked for another sign?
- 7) What kind of sign do people ask for these days? Is this good or bad? Explain.

Arrange your life around Jesus.

John 6:35-47

- 8) Jesus says that He is the bread of life; he alone satisfies. How is this true in your life these days?
- 9) What are some of the things that people these days use to take the place of Jesus in satisfying them? What is one of these for your personally?
- 10) What are you doing these days (or can you do this week) to keep moving in the direction of seeking only Jesus to satisfy you?

Determine to have healthy eating habits.

John 6:48-59

- 11) What does it mean for you personally to feed on Jesus?
- 12) Share about a time when you 'ate well' and were therefore spiritually very satisfied.
- 13) How can you these days improve your spiritual eating habits?

Closing Questions:

- What stood out to you the most from this message and/or discussion?
- What would you say is the key application for you this week?