



## Ephesians 4:1-16 The Worthy Life

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### Easy warm-up questions (choose one)

1. What is the most fun/interesting/attractive/unusual face mask you've seen?
2. If you could have an unlimited supply of one thing, what would it be?

### The urgency and example of living worthy 4:1

1. Walking worthy is living authentic to who we are in Christ. These days, what does this truth mean to you personally?
2. What is the significance of Paul being a "prisoner of war"?
3. These days, how might Paul's personal example help you to live worthy?

### Paul's description of the worthy life... (how to live authentic) 4:2-16

#### Be eager to preserve what God by His grace has called us to. (4:2-6)

1. What are we to be eager to preserve (maintain)? Why?
2. Why does Paul urge us to preserve (and not create) "the unity of the Spirit"? How is it helpful for you to understand the difference?
3. How does Paul describe God the Father in relation to our unity as the Body of Christ? How is it helpful for you to understand this?
4. Of the character traits listed in verse 2, which of these do you see God currently working on in your life?

#### Be open to God's process of maturing us in what God by His grace has called us to. (4:7-13)

1. "It's not whether you win or lose but how you play the game that counts." AGREE WAFFLE DISAGREE
2. What is the purpose of God giving gifts to each of us?
3. What are the results of our following God (our coach) as we learn to "play well" together?

#### Be committed for the long haul to what God by His grace has called us to. (4:14-16)

1. Consider how Paul describes the results of being eager and maturing. These days (in the times we are living in), which of these do you find most personally attractive? Why?
2. How does our commitment to the local body of Christ (Creekside) for the long haul effect and affect our maturity in Christ individually and as a congregation?
3. How does our commitment to the local body of Christ (Creekside) for the long haul effect and affect our testimony of Christ individually and as a congregation?
4. These days, what does commitment for the long haul look like for you?

### Taking the next step...

1. What can we do to encourage each other to live worthy of our calling? Give three examples.
2. What can we do to celebrate what God has given to us in Christ? Give three examples.